

Lynne Vance, RN, LAc

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Professional Summary

Licensed Acupuncturist and Registered Nurse with over 17 years of treatment experience providing acupuncture, herbs, and nutrition to improve the health and well-being of diverse client base. Nationally Board Certified (NCCAOM) in Oriental Medicine. Recent experience working with interdisciplinary teams in integrative medical centers and hospitals. Current active licenses: licensed acupuncturist in Maryland and California, registered nurse in Maryland, BLS Certification.

Skills

- Integrative care
- Pain management
- Women's health and fertility
- American Heart Association BLS - Healthcare Provider
- Auricular acupuncture for nervous system regulation and addiction

Experience

Women's Integrative Acupuncture

March 2018 to Current

Holistic Nurse Acupuncturist

Columbia, MD

- Provide acupuncture, Chinese herbal medicine, and energy medicine in a collaborative environment as an independent provider within a primary care medical practice
- In-network with CareFirst, Cigna and John's Hopkins EHP. Bill OON when requested
- Provide health coaching from a holistic nursing perspective

Walter Reed National Military Medical Center

September 2017 to Current

Integrative Nurse Acupuncturist

Bethesda, MD

- Provide acupuncture, electro-acupuncture and cupping treatments as a member of the pain management team; department of anesthesia in the Wounded Warrior Clinic, Pain Clinic, and Physical Medicine and Rehabilitation
- Lead group sessions in addiction treatment services providing the NADA acupuncture protocol and educating patients regarding the benefits of acupuncture
- Provide telehealth services teaching patients self-care techniques including breathing, meditation, tai chi/qi gong and stretching

Nava Health & Vitality Center

April 2017 to January 2020

Licensed Acupuncturist

Columbia, MD

- Work as part of an interdisciplinary team of medical professionals, including physicians, nurse practitioners, nurses, nutritionists and massage therapists providing integrative care to clients
- Educate patients on lifestyle changes that could enhance the benefits of acupuncture treatments
- Assist patients with the management of diverse issues such as headaches, digestive problems, hormonal imbalances, and fertility issues

Complete Care Acupuncture & Wellness

April 2016 to August 2017

Licensed Acupuncturist

Crofton, MD

- Proficiently administered treatments, including acupuncture, electro-acupuncture, and Tui-na
- Dispensed herbal prescriptions according to established Chinese herbalist methods and practices
- Observed and noted patient reactions to treatment to evaluate progress and make adjustments
- Instructed patients about proper hygiene, nutrition, exercise, lifestyle changes and ergonomic factors in their daily activities
- Generated patient referrals in a short time period

Ayuvia

August 2014 to June 2016

Senior Acupuncturist & Registered Nurse

Glen Mills, PA

- Senior practitioner, providing acupuncture to patients of the Crozer Healthcare System
- Assessed patients and directed them into an illness or wellness pathway
- Cooperated and communicated with physicians to coordinate patient care to improve patient outcomes

Charlotte Maxwell Complimentary Clinic

March 2012 to April 2013

Volunteer Licensed Acupuncturist

Oakland, CA

- Provided acupuncture and Chinese herbs to low income women with cancer
- Received cultural competency training

- Received clinical training for cancer and hepatitis from Misha Cohen, OMD, Lac

Burke Williams Day Spa

October 2009 to March 2014

Massage Department Manager & Massage Therapist

San Jose, CA

- Supervised a staff of 65-80 therapists in the San Francisco and San Jose locations by establishing and monitoring sales goals
- Responsible for hiring and supervising new hire training
- Trained staff regarding proper techniques to avoid injury and enhance client satisfaction
- Addressed guest complaints and implemented recovery methods to ensure customer satisfaction
- Oversight of employee wellness program

Private Practice

March 2006 to October 2009

Licensed Acupuncturist & Herbalist

Santa Barbara, CA

- Treated patients using acupuncture methods
- Instructed community classes in Yoga, Qi Gong, Meditation and Tai Chi

Community Service

Charlotte Maxwell Complementary Clinic, Oakland, CA; provided one monthly shift of acupuncture and Chinese herbs to low-income women with cancer; 2012-2013

Flu shot clinic student supervisor, Santa Barbara, CA; 2009

Atlantida Public Hospital, La Ceiba, Honduras; three-week medical Spanish language intensive with homestay and community health service; 2008

St. John's Medical Center, Oxnard, CA; weekly shift as a Mother-infant unit volunteer; 2006-2007

International Acupuncture Center, Beijing, China; Continuing education in Tui-Na, cupping, facial acupuncture; March 2002; four-week training

Education and Training

Pacific College of Health and Science

April 2020

Bachelor of Science: Nursing

New York, NY, United States

Currently enrolled in an RN-BSN program in holistic nursing

NCCAOM

2019

Certification Oriental

National Board Certification in Oriental Medicine

Santa Barbara City College

2009

Associate in Nursing: Registered Nursing

Santa Barbara, CA

Summa cum laude graduate

NCCAOM

2002

Certification

National Board Certification in Acupuncture

Emperor's College of Traditional Oriental Medicine

2002

Master of Chinese Medicine

Santa Monica, CA

Clinical experiences: Drug rehabilitation; stroke study in cooperation with UCLA School of Medicine; UCLA student health services; Herbal pharmacy.

Summa cum laude graduate